

SAT/Current ACT/New ACT Comparison

	SAT	Current ACT	New ACT*
Scoring (point-scale)	1600 (1520 for PSAT)	36	36
Test Length	2 hours & 14 minutes	3 hours +40 min. for optional essay	2 hours & 5 minutes +40 min. for optional science +40 min. for optional essay
Format	Section-level adaptive: difficulty of 2 nd module determined by performance on 1 st module	Non-adaptive	Non-adaptive
Sections	<ol style="list-style-type: none"> 1. Reading & Writing (medium) 2. Reading & Writing (easy/hard) 3. Math (medium) 4. Math (easy/hard) 	<ol style="list-style-type: none"> 1. English 2. Math 3. Reading 4. Science 5. Essay (optional) 	<ol style="list-style-type: none"> 1. English 2. Math 3. Reading 4. Science (optional) 5. Essay (optional)
Timing (time per question is approximate)	Reading & Writing: 32 min/module 27 questions/module (71 sec/question) Math: 35 min/module 22 questions/module (95 sec/question)	English: 45 min., 75 questions (36 sec/question) Math: 60 min., 60 questions (60 sec/question) Reading: 35 min., 40 questions (52.5 sec/question) Science: 35 min., 40 questions (52.5 sec/question)	English: 35 min., 50 questions (42 sec/question) Math: 50 min., 45 questions (67 sec/question) Reading: 40 min., 36 questions (67 sec/question) Science: 40 min., 40 questions (60 sec/question)
Reading	Short passages One question/passage Reading level: Difficult	Long passages 10 questions/passage Reading level: Easy	Long passages 10 questions/passage Reading level: Easy
Math	Calculator permitted Onscreen Desmos calculator	Calculator permitted Onscreen Desmos calculator on ACT online test only	Calculator permitted Onscreen Desmos calculator on ACT online test only

*These changes go into effect for the ACT Online starting April 2025 and for both the online and paper versions starting in September 2025. Scores for the optional science and essay tests will be separate and will not count toward composite score.

Not sure which test to take or when to take them? Call our office for a free consultation from one of our test experts. We'll be happy to answer your questions and help you create a plan.

MTAT offers free and unlimited return privileges for our courses, allowing students to keep preparing at no additional cost. Our courses and curriculum will quickly respond to any changes and help you prepare accordingly.

SAT/ACT Score Conversion Chart

SAT	ACT	SAT	ACT	SAT	ACT	SAT	ACT
1600	36	1330	29	1060	21	790	14
1590	36	1320	28	1050	20	780	14
1580	36	1310	28	1040	20	770	13
1570	36	1300	28	1030	20	760	13
1560	35	1290	27	1020	19	750	13
1550	35	1280	27	1010	19	740	13
1540	35	1270	27	1000	19	730	13
1530	35	1260	27	990	19	720	12
1520	34	1250	26	980	18	710	12
1510	34	1240	26	970	18	700	12
1500	34	1230	26	960	18	690	12
1490	34	1220	25	950	17	680	11
1480	33	1210	25	940	17	670	11
1470	33	1200	25	930	17	660	11
1460	33	1190	24	920	17	650	11
1450	33	1180	24	910	16	640	10
1440	32	1170	24	900	16	630	10
1430	32	1160	24	890	16	620	10
1420	32	1150	23	880	16	610	9
1410	31	1140	23	870	15	600	9
1400	31	1130	23	860	15	590	9
1390	31	1120	22	850	15		
1380	30	1110	22	840	15		
1370	30	1100	22	830	15		
1360	30	1090	21	820	14		
1350	29	1080	21	810	14		
1340	29	1070	21	800	14		